

# Crisis Intervention Teams (CIT)



**July 8-12, 2024**

Hosted by the Grand Junction Police Department

Location: 555 Ute Ave., Grand Junction, CO 81501

**This Course is Free of Charge**

For Information or to register, please contact Ryan Martin at:

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Crisis Intervention Teams (CIT) training is an intensive 40-hour curriculum designed to enhance the abilities of law enforcement officers and other public safety professionals to effectively respond to crisis calls, particularly when behavioral health problems are involved. CIT is a broad-based community partnership designed to:

- ✓ Increase officer and citizen safety
- ✓ Minimize use of force and unnecessary arrests
- ✓ Promote diversion from jail to community-based mental health treatment when safe and appropriate
- ✓ Intervene early and proactively to reduce chronic calls for service

Participants will develop enhanced abilities to:

- ✓ Recognize and understand crisis states, mental illness, substance use disorders, and related conditions
- ✓ Deescalate crises using advanced verbal communication skills
- ✓ Access community-based support resources

A cornerstone of CIT training is the extensive use of highly realistic and emotionally intense role-play scenarios using professional actors to portray people in crisis. Universally, students report that this is where the real learning in CIT training happens.